



## Beyond Technique in Solution-Focused Therapy: Working with Emotions and the Therapeutic Relationship

By Eve Lipchik

Guilford Publications. Paperback. Book Condition: new. BRAND NEW, Beyond Technique in Solution-Focused Therapy: Working with Emotions and the Therapeutic Relationship, Eve Lipchik, Solution-focused therapy is often misunderstood to be no more than the techniques it is famous for-pragmatic, future-oriented questions that encourage clients to reconceptualize their problems and build on their strengths. Yet when applied in a "one-size-fits-all" manner, these techniques may produce disappointing results and leave clinicians wondering where they have gone wrong. This volume adds a vital dimension to the SFT literature, providing a rich theoretical framework to facilitate nonformulaic clinical decision making. The focus is on how attention to emotional issues, traditionally not emphasized in brief, strengths-based interventions, can help "unstick" difficult situations and pave the way to successful solutions.



**READ ONLINE**  
[ 8.41 MB ]

### Reviews

*This composed pdf is wonderful. Indeed, it is actually perform, continue to an amazing and interesting literature. I found out this pdf from my i and dad suggested this pdf to understand.*

*-- Simeon Legros Sr.*

*This book is definitely worth buying. This really is for all who statte there had not been a worthy of studying. You will not sense monotony at at any moment of the time (that's what catalogs are for concerning should you check with me).*

*-- Mr. Martin Baumbach*