



## Unstuck and on Target!: An Executive Function Curriculum to Improve Flexibility for Children with Autism Spectrum Disorders

By Lyn Cannon, Lauren Kenworthy, Katie Alexander

Brookes Publishing Co, United States, 2011. Paperback. Book Condition: New. Research ed.. 277 x 213 mm. Language: English . Brand New Book. For students with autism spectrum disorders, problems with flexibility and goal-directed behavior can be a major obstacle to success in school and in life. But flexibility and goal-setting can be taught just like any other skill and this how-to manual equips professionals with simple, real-world ways to help students with ASD develop this critical aspect of executive function. A classroom-based intervention approach for high-functioning students ages 8-11, this innovative guide gives special educators and other service providers ready-to-use lessons that promote cognitive and behavioral flexibility in everyday situations, from compromising with peers to handling schedule changes. Developed by a multidisciplinary team of researchers and front-line professionals, the 27 lessons in Unstuck and On Target! are tested and proven. Students in field tests reported clear benefits, including increased ability to compromise and focus on larger goals. reflect the learning style of students with ASD. Explicit, step-by-step routines, activities, and scripts build on the natural strengths of students with ASD and ensure that they make progress. target specific skills every student needs to learn more effectively, participate successfully in the classroom, reduce...



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