



Broad Appeal: Wit and Wisdom from Women Ages Sixty to Ninety

By Sam Dawson

Abbott Press, United States, 2012. Paperback. Book Condition: New. 235 x 191 mm. Language: English . Brand New Book ***** Print on Demand *****.SAM DAWSON DID NOT LIKE TURNING SIXTY. Body parts started heading south, and in the Down Dog yoga pose she could count the wrinkles around her ankles like the age rings of a tree. Curious to learn whether others her age felt the same, she interviewed seventy women. Broad Appeal is a culmination of her candid conversations with these mature women and reveals that over-the-hill is actually a new and exciting frontier. Sam discovered that most women feel like she does: they don't think, feel, or act old. They may see their reflection in the mirror and wonder Who is that old lady? but on the inside they feel the same as when they were young. Turns out, these women who burned their bras in the 1960s are not rocking chair grannies. Instead, they are revolutionizing old age. These everyday women share their wit and wisdom on such subjects as: What is great about being older than sixty Why physical changes are a laughing matter How to love large and ditch toxic people When to employ...



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