



First Aid for the Betrayed

By Richard Alan

Trafford Publishing, Canada, 2006. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****. This writing is extraordinary and unique. First, because it was written by a man whose wife had an affair. Most first-person writing about affairs has been from women. It contains some of the rawest honesty about the pain of an affair that I have ever read. It provides a great deal of hard-earned wisdom about the whole issue of affairs, particularly in healing from the devastation. I highly recommend this book to anyone who truly wants to know what it s like to deal with a spouse s affair - and to learn practical ways to recover and heal. Peggy Vaughan, author of The Monogamy Myth Written over a period of two years and based on his personal experience and those of over 100 others who have suffered the betrayal of a partner s adultery, the author has captured the essence of the pain, anguish and inestimable psychological effects of a partner s affair. From his own struggle to survive and recover, the author shares with those who are trying to recover, suggestions for survival, recovery and...



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